



## Holiday Hamper Food Item Requirements

Cranberry Sauce	Stuffing Mix
Canned Pineapple	Applesauce
Bottled Juices – Apple or Cranberry	Canned Turkey or Beef Gravy
Cookies – any kind	Snack Crackers – any kind
Christmas Candies – any type	
<b>GENERAL FOOD REQUIREMENTS</b>	
Chunky Soups – any kind or flavour	Sidekicks and Ramen soup packets
Canned chili, spaghetti, ravioli	Canned beef stew
Canned Ham, Corned Beef or Spam	Canned Tuna
Flakes of Ham, Chicken or Turkey	Canned salmon
Canned Potatoes / Instant Mashed Potatoes	Rice
Pudding cups – any flavour	Granola Bars / Cookies
Cereal and Oatmeal – any kind	Soda (Soup) Crackers
Peanut Butter	Jams – any flavour
Coffee (instant, regular or decaf) / Tea (any kind)	Paper Towels / Toilet Paper
Condiments - salad dressings, mayonnaise, sauces (e.g. HP Sauce, soya sauce, Worcestershire sauce etc.), dried spices, salt & pepper	Household items e.g. dish soap, laundry detergent, cleaning products
Soap (hand and body – bar or liquid) toothpaste, toothbrushes, razors, hand and body lotion, mouthwash, feminine products, diapers	